

Fluoride Treatment Kelowna

One of the most potent aids utilized in dentistry to help prevent dental decay is fluoride. It is a mineral compound that exists in many foods, drinks, and even in some residential water systems. Fluoride continues to be supported by a lot of health and professional organizations for in excess of 50 years.

Topical fluorides - can be used to reinforce the surface enamel of teeth, providing additional resistance to dental caries. Topical fluorides appear in numerous forms of fluoride containing dental products like mouth rinses, toothpastes, and dental gels. An added way to obtain topical fluorides is through fluoride therapies which are obtainable at your dentist's office. Treatments with fluoride are recommended to be done at least two times each year.

Systemic Fluoride - as soon as fluoride is present in the body, it may help teeth that are still in development under the periodontal tissues and also help teeth that have already erupted. Neighborhood water systems provide the bulk of systemic fluorides, though, most teas and the majority of foods currently contain systemic fluorides. One thing to consider is that fluoride amounts need to be monitored as excessive fluoride could induce a condition recognized as dental fluorosis.

Sometimes there is not sufficient fluoride in the body to prevent tooth corrosion and you may require further fluoride therapies. Your dentist can recommend specialized take home fluoride treatments to help assist your tooth caries efforts. Here are some of the factors why you could need to add the fluoride in your individual maintenance applications: you have deep pits and fissures on the exteriors of your teeth, you have open roots that are currently hypersensitive to temperature stimulation, you have inadequate oral hygienic habits, your intake of sugars happens too often, you have an inadequate exposure to fluorides, or have an inadequate saliva production due to existing health ailments, medical treatments or medicines.

It is extremely critical to remember to establish a routine preventative agenda of brushing twice a day, flossing and rinsing as fluoride by itself cannot inhibit tooth decay!